



Donna has a passion to help women pursue their passions and live a gospel driven life. Her greatest desire is to help women overcome obstacles that keep them from pursuing their God given gifts and talents.

Donna is a certified personal coach with 20 years' experience. She has worked in the corporate world in sales and training.

She currently serves in two roles; Discipleship Coordinator at the Union Mission Ministries and as the Women's Ministry Strategist for the Southern Baptist Conservatives of Virginia. The SBC of Virginia is a fellowship of more than 670 churches dedicated to the fulfillment of the Great Commission.



We will once again look forward to renewing relationships with the ladies of Denbigh Presbyterian who have been an integral part of our retreat from the very beginning! In addition, this year we will make new connections as we welcome some of the Praise Team from Liberty Christian Fellowship in Kill Devil Hills to lead us in singing a joyful noise to the Lord!



**For more information or questions, please contact:**

**Jeanne Novak at 757-268-4669**

**Email:**

**[beadedgypsy@verizon.net](mailto:beadedgypsy@verizon.net)**

**Teens age 16-19 yrs are welcome and encouraged to attend the retreat, but must be accompanied by a parent or designated adult.**

# Remember, Refocus, ReFuel

**Featuring**

**Donna Paulk**

**Women's Ministry Leader**

**London Bridge Baptist Church**

**Virginia Beach**



**March 17 -March 19, 2017**

**The Hilton Garden Inn**

**Kitty Hawk, North Carolina**

**5<sup>th</sup> Annual Women's Retreat  
Hosted by the Presbyterian Women of**





**March 17 – March 19, 2016**

**HILTON GARDEN INN**

5353 N. Virginia Dare Trail,  
Kitty Hawk, North Carolina, 27949  
**PHONE: 252-261-1290**



<b>COST:</b>	Double Occupancy	\$159
	Single Occupancy	\$270
	Triple Occupancy	\$120
	Quad Occupancy	\$100
	Conference Only	\$100
	(No Hotel/includes dinner & lunch)	

**Friday, March 17**

- 4:00 pm Check-In Begins
- 7:00 pm Evening Kick-Off with Edith Prakash (Oasis Ministries International) & Fellowship



**Saturday, March 18**

- 7:00–8:45 am Breakfast in Garden Grill (provided with overnight hotel room)
- 9:00–11:30 am Retreat Sessions
- 11:30-1:00 pm Lunch & Prayer Room
- 1:00-4:30 pm Retreat Sessions
- 4:30-6:30 pm Free Time
- 6:30 pm Dinner Buffet in the Conference Center
- 8:00 pm - ??? Evening Fellowship



**Sunday, March 19**

- 7:00–8:45 am Breakfast in Garden Grill (provided with overnight hotel room)
- 9:00–10:15 am Communion Worship Service on the Pier w/Pastor Anita
- 11:00 am Check Out

**REGISTRATION**  
**Deadline Monday, March 6**

Please print legibly.

Name: \_\_\_\_\_

Day Time Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_

<b>COST:</b>	€ Double Occupancy	\$159
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	€ Triple Occupancy	\$120
	€ Quad Occupancy	\$100
	€ Conference Only	\$100
	(No Hotel/includes dinner & lunch, no Bkfst)	

Includes: 2 nights lodging  
2 full breakfasts  
Saturday Lunch  
Saturday Dinner Buffet  
Conference & Speaker Costs

**Roommate(s):**  
\_\_\_\_\_  
\_\_\_\_\_

Please consider bringing a snack to share for the conference AM & PM Breaks (please check)  I will bring a Snack

- I would like to be a table leader.
- I will assist with the prayer room.

**Please use one form for each person.**  
**Payment in full due upon registration. You are not registered until we receive full payment.**  
**NO refunds after March 6<sup>th</sup> @ 5:00 pm.**